

## ***FITNESS FACILITIES***

### **Peninsula**

- Cheatham Annex,  
Williamsburg  
Location: Building 235, Fourth Street  
Phone: 887-7453  
Hours of Operation: Monday through Friday, 6 a.m. – 9 p.m.  
Saturday and Sunday 9 a.m. – 5 p.m.
- Naval Weapons Station Yorktown  
Location: Building 2062, Lebanon Church Road  
Phone: 887-7828  
Hours of Operation: Monday through Friday, 5:30 a.m. – 9 p.m.  
Saturday and Sunday, 9 a.m. to 5 p.m.  
Closed Holidays

### **Dam Neck Annex**

Location: Building 524, Terrier Avenue  
Phone: 492-6101  
Hours of Operation: Monday through Friday, 6 a.m. – 8 a.m. & 10 a.m. – 10 p.m.  
Weekends and Holidays, 10 a.m. – 10 p.m.

### **Little Creek**

Location: Rockwell Hall Building 3147, Nider and Gator Blvds.  
Phone: 462-7735  
Hours of Operation: Monday through Friday, 5 a.m. – 10 p.m.  
Saturdays, Sundays, and Holidays, 9 a.m. – 5 p.m.  
Closed Christmas

### **Naval Support Activity Norfolk (CINCLANTFLT Compound)**

Location: Building NH-42  
Phone: 836-1960  
Hours of Operation: Monday through Friday, 5:30 a.m. – 7 p.m.  
Weekends, 11 a.m. – 4 p.m.  
Closed Holidays

### **Naval Air Station Oceana**

Location: Sports and Fitness Center Building 545  
Phone: 433-2695  
Hours of Operation: Monday through Friday, 5 a.m. – 11 p.m.  
Saturdays, Sundays, and Holidays 8 a.m. – 11 p.m.  
Office hours are Monday through Friday, 7:30 a.m. – 4 p.m.

## **Naval Station Norfolk**

- McCormick Sports Center  
Location: Building CEP-58. B Avenue just inside Gate 5  
Phone: 444-4016  
Hours of Operation: Monday through Friday, 5:30 a.m. – 10 p.m.  
Saturday and Sunday, 10 a.m. – 4 p.m.
- Building U-40  
Location: Bellinger Avenue just inside Gate 3  
Phone: 444-4031  
Hours of Operation: Monday through Friday, 5:30 a.m. – 8 p.m.  
Saturdays and Sundays, 10 a.m. – 4 p.m.
- Building N-24  
Location: Gilbert Street  
Phone: 444-2276  
Hours of Operation: Monday through Friday, 5:30 a.m. – 8 p.m.  
Saturdays and Sundays, 10 a.m. – 4 p.m.

## **Norfolk Naval Shipyard**

Location: Building 310, Cole Avenue

Phone: 396-2770/2756/2757

Hours of Operation: Monday through Friday, 5 a.m. – 10:30 p.m.  
Saturday, Sunday, and holidays 10 a.m. – 10:30 p.m.