BACK TO SCHOOL 5K

NWS YORKTOWN

Friday, September 17
11:30 a.m.
NWSY Gym

Eligibility
Active duty, retirees, family members, reservists and DoD civilians with gym membership.

Age Groups and Divisions
Men and Women:
29 & under, 30-37, 38-44, 45-49 and 50 & over

Awards
Awards will be given to the top three men and women in each division.

T-shirts
The first 100 participants will receive a T-shirt if registered by September 15 at 4:30 p.m. Participants must run or walk on race day to receive a T-shirt.

Details
887-7828

Preregistration Deadline
Wednesday, September 15

The race starts at NWSY Gymnasium

Hall AUTOMOTIVE | NAVY FEDERAL CREDIT UNION | American-Amicable Life "Faithful Protection" | MWR Mid-Atlantic Region Fitness & Sports

The U.S. Navy does not endorse any product or service.

MWR Mid-Atlantic Region Fitness & Sports

Friday, September 17
11:30 a.m.
NWSY Gym
NWS Yorktown

Preregistration Deadline: Wednesday, September 15

Name (Last, First, MI) Leave space between name

Phone Number (include area code)

Sex

Command

Age on race day

I know that running a road race is a potentially hazardous activity. I should not enter the race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants and the effects of weather. I grant permission to use any photographs, video recordings or any record of this event for legitimate purposes. I hereby give Navy Morale, Welfare and Recreation, their agents and employees the right to inspect and/or approve the photograph, audiotapes and/or videotapes for promotional, recruiting or educational purposes, without any limitation, reservation or compensation, other than the receipt of which is hereby given. This consent is given for any photographs, audiotapes and/or videotapes which have been taken, about to be taken or will be taken.

Signature: _____ Date: _____