

COMMAND SUPPORT TEAM TRAINING OPPORTUNITIES

2004

FLEET AND FAMILY SUPPORT CENTER PROGRAMS

Family Support Group Leadership Training

Sessions include:

How To Start Your FSG • Effective Meetings • Forum • Planning for Homecoming • Resource Training

★ FSG officers, committee chairmen, ombudsmen, advisors, and command leadership personnel are invited.

22 JAN	6:30 – 8:30 pm	FFSC Norfolk
19 FEB	6:30 – 8:30 pm	FFSC Norfolk
11 MAR	6:30 – 8:30 pm	FFSC Norfolk
25 MAR	6:30 – 8:30 pm	FFSC Norfolk
13 MAY	6:30 – 8:30 pm	FFSC Norfolk
27 MAY	6:30 – 8:30 pm	FFSC Norfolk
5 AUG	7:00 – 9:00 pm	FFSC Little Creek
19 AUG	6:30 – 8:30 pm	FFSC Norfolk
16 SEP	6:30 – 8:30 pm	FFSC Oceana
7 OCT	6:30 – 8:30 pm	FFSC Norfolk
21 OCT	6:30 – 8:30 pm	FFSC Norfolk
18 NOV	6:30 – 8:30 pm	FFSC Norfolk

PCO/PXO Spouses Workshop

Information on military and community resources, roles of PCO/PXO spouses, leadership growth opportunities, and a chance to network and problem solve together is covered in this day-long workshop.

★ Spouses of Prospective Commanding and Executive Officers are invited.

10 FEB	9:00 am – 2:00 pm	FFSC Norfolk
19 MAY	9:00 am – 2:00 pm	FFSC Little Creek
8 SEP	9:30 am – 2:30 pm	FFSC Oceana

CO/XO Spouse Workshop/Conference

A variety of topics are covered in this training to assist spouses in defining and confidently fulfilling their role as part of the command support team.

★ Spouses of Commanding and Executive Officers and Prospective Commanding and Executive Officers are invited.

Call FFSC Norfolk at 444-2102 for upcoming dates and times.

Enlisted-to-Officer Spouse Transition Program

Pre-commissioning concerns including changes that may occur in relationships with friends and peers, social customs, and traditions are discussed in this two-evening program.

★ Spouses of Navy personnel who have recently been or are about to be commissioned LDO/CWO are invited.

18 & 25 MAR	6:30 – 8:30 pm	FFSC Little Creek
23 & 30 JUN	7:00 – 9:00 pm	FFSC Norfolk
5 OCT	9:00 am – 1:00 pm	FFSC Oceana

Ombudsman Basic Training

The 13 modules of training provide the basic resource information for helping families through minor and major crises.

★ Ombudsmen, COs, XOs, CMC/COBs, Chaplains, and their spouses are invited.

9-11 JAN	8:30 am – 4:00 pm	FFSC Norfolk
18-20 FEB	8:30 am – 4:00 pm	FFSC Oceana
8-11 MAR	8:30 am – 2:00 pm	FFSC Newport News
17-19 MAR	8:30 am – 4:00 pm	FFSC Norfolk
26-28 APR	8:30 am – 4:00 pm	FFSC Little Creek
24-27 MAY	8:30 am – 2:00 pm	FFSC Newport News
4-6 JUN	8:30 am – 4:00 pm	FFSC Oceana
30, 31 JUL & 1 AUG	8:30 am – 4:00 pm	FFSC Little Creek
14-16 SEP	8:30 am – 4:00 pm	FFSC Norfolk
22-24 OCT	8:30 am – 4:00 pm	FFSC Little Creek
8-10 NOV	8:30 am – 4:00 pm	FFSC Oceana

To register for any of these programs, call sponsoring FFSC

FLEET & FAMILY
SUPPORT
CENTERS
OF HAMPTON ROADS

Little Creek
462-7563

Newport News
688-NAVY

Norfolk
444-2102

Northwest
421-8770

Oceana
433-2912

Yorktown
887-4606

WEBSITE: www.ffscnorva.navy.mil