

Deployment Readiness Brief



FFSC is offering a new program designed to prepare active duty members and their families for both planned and unplanned deployments in support of the Navy Fleet Response Plan (FRP).

The Deployment Readiness brief provides information about:

- personal, practical, and financial preparation
- additional community resources
- communication and coping skills



Starts
April

NAB Little Creek (FFSC)
2nd Tuesday 9:00-11:00 am
4th Thursday 6:30-8:30 pm

Naval Station Norfolk (Building U-93, inside gate 3)
Every Friday 9:00-11:00 am

NAS Oceana (FFSC)
1st Friday 9-11 am
3rd Wednesday 6:30-8:30 pm

This program can also be presented at commands. Call the nearest FFSC to schedule.

www.ffscnorva.navy.mil



FLEET &
FAMILY
SUPPORT
CENTERS
OF HAMPTON ROADS

DRB02040

FFSC
Little Creek
462-7563

FFSC
Newport News
688-NAVY

FFSC
Norfolk
444-2102

FFSC
Northwest
421-8770

FFSC
Oceana
433-2912

FFSC
Yorktown
887-4606